

In the Name of Allah, Most Gracious, Most Merciful

# Ten Things We Waste

By Ibn Qayyim Al-Jawziyyah

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## 1. Our Knowledge.

Our knowledge is wasted by not taking action with it.

## 2. Our Actions:

Our actions are wasted by committing them without sincerity.

## 3. Our Wealth:

Our wealth is wasted by using on things that will not bring us Ajr (rewards). We waste our money, our status, our authority, on things which have no benefit in this life or on the Day of Judgment.

## 4. Our Hearts:

Our hearts are wasted because they are empty from the love of Allah, and the feelings of longing to go to Him, and a feeling of peace and contentment. In its' place, our hearts are filled with something or someone else.

## 5. Our Bodies:

Our bodies are wasted because we don't use them in worships and services of Allah.

## 6. Our Loves:

Our emotional loves are misdirected, not towards Allah but towards something/someone else.

## 7. Our Times:

Our times are wasted, not used properly, to compensate for that which had passed, by doing what are righteous to make up for past deeds.

## 8. Our Intellects:

Our intellects are wasted on things that are not beneficial, that are detrimental (harmful) to society and the individual, not in contemplation or reflection.

## 9. Our Services:

Our services are wasted in service of someone who will not bring us closer to Allah, or benefit in this world.

## 10. Our Dhikr:

Our dhikr is wasted, because it does not effect on us or our hearts.

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**Be a Role Model for your Child as well as to the society. And make Duaa.**

"Rabbi Zidnee Aailmaa". (O my Lord! Increase me in knowledge). (Ref: Al\_Quraan\_020.114) AMEEN.

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